

Rules in Kamikochi During Winter

Due to the fickle winter weather conditions in Kamikochi, there is a risk of **avalanches**, **falling rocks**, and **snowdrift forming**. When you go into Kamikochi, please keep in mind that **winter mountain climbing is done at your own risk**. For your safety and environmental conservation, **please stick to the following rules**.

- Submit a '**mountain climbing registration form**' at Nakanoyu Gate.
A box for submitting the form is set up at the gate.
- Beware of **avalanches**, **falling rocks**, and **snowdrift forming**.
Exercise particular caution regarding avalanches on the prefectural route between Kamikochi Tunnel and Taisho Pond.
- Use **the wintertime toilets at Nakanoyu Gate, Taisho Pond, Nakanose, the bus terminal, and Konashidaira**.
Please confirm locations before entering.
* The Nakanoyu Gate toilet is available from December 2nd, 2022 to March 30th, 2023.
Contact: Matsumoto City Alps Resort Development Division TEL: 0263-94-2307
- **Keep on the path** and do not step into the marsh.
Doing so may impact the vegetation in the area. Please do not stray from roads or trails.
- Set up tents at **Konashidaira Campsite**.
Please do not enter the premises of hotels, ryokans, or the Visitor Center's overhang.
- Take all your garbage and food with you.
Your actions could have an impact on the wildlife in the area. Please take your garbage with you when you leave Kamikochi.
- The forest course (Nature Trail) is **closed**.
Due to the age and condition of the wooden path, we ask that you please **refrain from entering the trail**.

Matsumoto Area Regional Civil Service Liaison Council

Contact number (Chubusangaku National Park Office) TEL: 0263-94-2024

Dakesawa Marsh
Do not step into the marsh

To prevent accidents and protect marsh, Please follow the walking route after confirming the mark (pink tape).

No entry from Karamatsubashi Bridge

Forest course (Nature Trail) is closed.

Tashiro Marsh
Do not step into the marsh

Area subject to avalanches and falling rocks

90min
3.1km

60min
2.0km

30min
1.1km

15min
0.5km

0km 0.5km 1km

Legend

 **Wintertime Toilet**

 **Walking Route**
*No snow removal



Nakanoyu Gate Wintertime Toilet
*Available from December 2nd, 2022 to March 30th, 2023.

